

Supplemental Nutrition Assistance Program (SNAP)

We Can Help You Get Healthy Food!

Fruits, vegetables and other healthy foods can help you and your family be healthy and productive. Sometimes these healthy foods are expensive, and families need extra help purchasing them. To see if you are eligible for the Supplemental Nutrition Assistance Program (SNAP), visit www.dhs.iowa.gov/how-to-apply.

If you already receive SNAP, you can now access your account information on the web at <https://www.connectebt.com/>. There is no charge for using this online access. And, you can report any changes to your SNAP case at 1-877-347-5678.

